

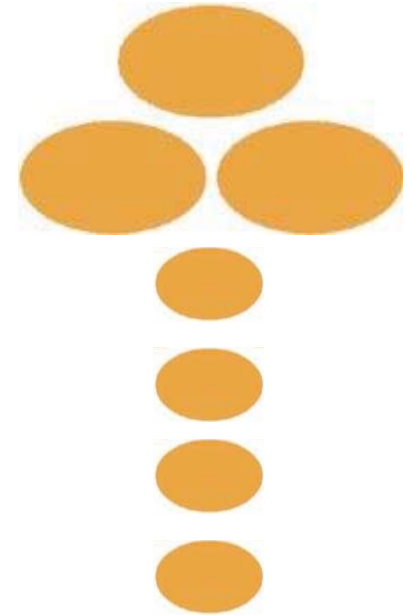
DIRECTIONAL ARROWS



LEFT



RIGHT



STRAIGHT



DUATHLON: RUN1: 1.31 MILES • BIKE: 15.53 MILES • RUN2: 2.73 MILES
SHORT COURSE/SHORT RELAY: SWIM: .75 KILOMETERS • BIKE: 15.53 MILES • RUN: 2.73 MILES
LONG COURSE/LONG RELAY: SWIM: 1.5 KILOMETERS • BIKE: 17.14 MILES • RUN: 5.77 MILES
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COURSES SUBJECT TO CHANGE WITHOUT NOTICE

